

Disaster Supply Checklist

Disasters can happen anywhere at anytime. By taking simple precautions and planning for yourself and your family, you can be better prepared in case a disaster strikes.

Top priorities

- Battery-powered radio with batteries
- Flashlights or battery-powered lantern with batteries
- Water (for drinking and sanitation) to last at least three days (one gallon per person, per day)

High priorities

- Non-perishable food items to last three days (try to include items high in protein)
- First Aid Kit and medical supplies (include antiseptic ointment, bandages, scissors, etc.)
- Tools (including a manual can opener, a wrench to turn off utilities, and a hammer)
- A water-tight, portable container to hold important documents

Other supplies to consider

- Prescription and non-prescription medications (including glasses and/or contacts)
- Blankets
- Change of clothing
- Toilet paper and paper towels
- Bleach (16 drops will disinfect one gallon of water)
- Plastic sheeting and duct tape (to seal windows and doors)
- Dust mask
- Garbage bags
- Whistle and signal flare
- Matches in a waterproof container
- Local maps
- Fire extinguisher
- Extra cash

Items for family members with special needs

- Instant formula, diapers, and wipes for babies
- Pet food and supplies
- Feminine and personal hygiene supplies
- Games and activities for children

For more information, please visit www.unitedway.org.